



Co-funded by
the European Union



CP Small Sport SIVO - 101184810

Sitting Volleyball- for inclusion and well-being

NEWSLETTER N. 1



This is the **first** edition of our SIVO newsletter! In Europe, around **87 million** people live with disabilities and sport can play a key role in **improving well-being and inclusion**. SIVO promotes **sitting volleyball** as an **inclusive sport** where people with and without disabilities can play together. The project brings together **four partners**: University of Verona (IT), NGO Nest Berlin (DE), Aetoi Thessalonikis (GR), and Gülümse Spor Kulübü (TR). Running from **February 2025 to January 2027**, SIVO aims to make sport more accessible and inclusive !

March 2026



UNIVERSITÀ
di VERONA
Dipartimento
di NEUROSCIENZE,
BIOMEDICINA E MOVIMENTO





Co-funded by
the European Union



KICK-OFF MEETING



On May 27th, 2025, we held the **Kick-Off Meeting** in Verona, Italy. This was the first time all partners came together in person. During the meeting, we defined the **next steps** and set clear **objectives** for the project. We also began discussing the **Educational Program**, sharing ideas to ensure it meets diverse needs. It was a very **good start** to the project and a motivation to continue.

March 2026



UNIVERSITÀ
di VERONA
Dipartimento
di NEUROSCIENZE,
BIOMEDICINA E MOVIMENTO





Co-funded by
the European Union



Activities

The first phase of the project focused on **research** and the collection of **best practices in inclusive sport**. This work laid the foundation for the **Educational Programme**, now finalised. More details about the programme will be shared in the **next newsletter**.



Later, on February 23rd, 2026, we held the **Midterm Meeting** in Thessaloniki, Greece. We reviewed the first year, assessed the **progress**, and discussed the next steps. Both events strengthened **collaboration** and confirmed the positive impact of our work.

March 2026



UNIVERSITÀ
di VERONA
Dipartimento
di NEUROSCIENZE,
BIOMEDICINA E MOVIMENTO





Co-funded by
the European Union



See you in the next
Newsletter !



March 2026



UNIVERSITÀ
di VERONA
Dipartimento
di NEUROSCIENZE,
BIOMEDICINA E MOVIMENTO

